



Weekend Retreat- September 5-7
Cambria Pines Lodge, Cambria, CA
7 CEUs for RN's, MFT's & LCSW's

Recommit to your personal growth Give to yourself and invest in self-renewal

You are invited to a beautiful weekend of renewal on the central coast in the artsy enclave of Cambria. Join Donna Morrish, MFT and hypnotherapist, at this gorgeous location for a soul nourishing experience.

The workshop will take place Saturday and Sunday mornings from 9am -12:30pm. You will have the afternoons and evenings to explore the area. Meet Friday 7-9pm for a reception.

In the workshop you will.....

- Develop a profound method for accessing your inner guidance system
- Raise your vibration by channeling positive energy to the world
- Benefit from guided imagery to create a state of serenity and soothe the body
- Discover an easy intervention that reduces negative emotions

You will experience deep states of relaxation and (re)connect with your inner wisdom. You will learn new skills to empower you to exercise more choice/control over your emotional well-being. As a result, you will be aware of improvements to your physical well-being and expansion in your attitude of gratitude, all resonating from your center of inner peace.

Cost \$360 includes Wine & Cheese reception, daily continental breakfast and Paths of Grace Workshop with 7 CEU's.

To Register for Paths of Grace Call: 510 581-2531. Space is Limited.

To add to your workshop experience stay at Cambria Pines Lodge. You'll have lots of choices when it comes to comfortable accommodations. From rustic cabins to large suites featuring two fireplaces, there is bound to be something to suit your taste. They accept all major credit cards. For special rates mention Paths of Grace. Reservations: Call Cambria Pines Lodge **800-966-6490**.



About Cambria Pines Lodge:

Cambria Pines Lodge is nestled on 25 wooded acres. The Main Lodge offers conference rooms with full-service catering, an excellent restaurant featuring local wines, and the Fireside Lounge with nightly live entertainment, all surrounded by world-class gardens and gardening events. The certified organic kitchen garden provides homegrown organic produce to the restaurant, while other areas of the theme gardens offer spectacular landscaping. Cambria Pines

Lodge also offers Spa Packages and Wine Tour Specials.

Register online at www.donnamorrish.com/register/form.htm